

THE KIDS KITCHEN TERM 3 2019

SNACKS



Apple Slinky (GF)	\$1.50
Boiled Egg (GF)	\$1.00
Salted Popcorn (GF)	\$1.50
Cheesy Toast	\$1.50
Apple Crumble Cake w/Custard (V)	\$3.00
Blueberry Yoghurt Muffins	\$2.00
Oven-Baked Potato Gems (V)	\$3.00
Fruit Toast (V)	\$1.50
Bento Snack Pack (GF,V)	\$3.50

Homemade Mini Pizza	\$3.50
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MAINS

Hawaiian Margarita (V) Ham & Cheese Cheese (V)	\$5.00
Butter Chicken with Rice (GF)	\$2.50
Sushi x1 (Chicken or Tuna Mayo or Vegan)	\$4.50
Cheese Burger	\$3.00
Pumpkin Soup with Turkish Bread (V)	\$3.50
Noodle and Veg Cups (V)	\$3.50

SANDWICHES AND WRAPS

Vegemite	\$2.00
Plain Ham, Cheese, Tuna or Chicken	\$2.50
Egg and Lettuce	\$3.00
Cheese and Tomato	\$3.00
Ham, Chicken or Tuna, with Cheese	\$3.00
Ham, Cheese or Chicken, with Salad	\$3.50
Ham, Cheese and Tomato	\$3.50
Ham and Salad or Chicken and Salad Rolls	\$4.50
Roast Chicken and Gravy Roll	\$4.00
Toasting	FREE
Wraps EXTRA	\$0.80
Gluten Free Wraps EXTRA	\$1.20



ORDER AT

flexischools.com.au

BY 9:15AM

Tuesdays & Thursdays

DRINKS

Milk Cup	\$1.00
Bottled Water	\$1.50
Milo Warm or Cold	\$1.50
E&T Milk Poppers	\$2.20
Strawberry or Chocolate	
E&T Juice 250ml	\$2.50
Apple or Orange or Tropical	



TREATS

1/2 Sugar-Freezie	30c
Sugar-Freezie	60c
Icy Twist	\$1.20
Calippo	\$1.00
Nut Free Ice Cream Tub (GF)	\$1.50
Shakey Shake	\$2.00
Healthy Slush	\$2.00
Frozen Yoghurt	\$2.00
Frozen Grapes	\$2.00